

3rd Sunday

Stock the Food Pantry

The **Food Pantry** is a part of our Compassionate Ministry.

Donations of groceries from this list and monetary gifts help keep the shelves filled. Place items in one of the grocery carts or take to their table in the mall on the 3rd Sunday of each month. Below is the suggested shopping list... (store brands are welcome)



jam / jelly	saltines	Jell-O
macaroni	oatmeal	Tang
green beans	corn	spaghetti pasta
peanut butter	tuna	spaghetti sauce
pork 'n beans	fruit	tomato sauce
mac 'n cheese	chili	1 lb.-white rice
pudding mix	peas	1 lb.-dry beans

Canned Soups or Entrees: vegetarian vegetable, stews, beef vegetable, chicken, turkey or beef noodle, tomato, ravioli, spaghetti o's, spaghetti

Pop-Top Items: vegetables, fruit, soups

Baby: diapers, wipes, formula, baby food

Toiletries: shampoo, conditioner, bar soap, deodorant